



Allergy and Intolerance

If you suspect your horse to have an intolerance to a specific feed ingredient first you need to establish what component of the feed is responsible, which often means placing the horse on an elimination diet. The simplest way to do this is to go back to basics by feeding your horse a high quality fibre based product and then slowly building your horses feed back up.

ReadyFibre Mash from the Soft 'n' Soak range is an ideal product to use as it is made out of 100% highly digestible fibre, with a very straightforward ingredient list. Containing no cereals, alfalfa, barley or wheat whilst being very low in starch and sugars it is an ideal product to use in an elimination diet. Once your horse has been given time to adjust to a high fibre diet you then need to look at introducing oils.

The easiest way to do this is to add a high oil supplement, such as Sumo Original gradually into the diet. Containing 50% oil, with antioxidants essential for efficient oil utilisation this will promote excellent skin, coat, hoof and overall condition as well as being an excellent source of slow release energy. Being very low in starch and sugars, low in protein and containing no cereals it is an ideal source of oil.

Depending on work requirements a high fibre, high oil diet may be sufficient so by adding a major mineral, trace element and vitamin supplement such as Sumo Vitem, his dietary requirements will be complete. If nutrient requirements need increasing gradually introduce a diet of known ingredient content such as ReadyMash. Based on ReadyFibre Mash and including a mineral supplement, oils, porridge oats and a little cooked barley, any allergic reactions can then be pinpointed towards dietary cereal content and the appropriate measures taken.