



Have you ever thought how extraordinary your horse's feet are?

They support the entire weight of your horse, but yet are only in contact with the ground over a very small area, even less if exercising. For the average 500kg horse the structures in the foot are carrying the equivalent of 125kg, but then add one human and all your equipment onto this and it is more like 150kg per foot.

The age old saying of no foot, no horse is as relevant today as it was a decade ago. Foot problems in horses are one of the most common causes of lameness and yet the care of the horses feet are often overlooked by owners. Maintaining your horses feet in good condition is of primary importance as if neglected problems can develop which result in lameness.

There are very simple steps that you should take to help maintain your horse feet in good condition. These include:

- Clean the feet daily with a hoof pick.
- Feed a well-balanced diet, as this will ensure healthy hoof growth.
- Ensure regular appointments are arranged with your farrier.
- Apply hoof conditioner to all structures of the feet at least once a week.
- Contact your vet for advice at the first sign of lameness

A balanced diet plays a key role in keeping a horse's feet healthy and avoiding chips and cracks but it may be necessary to introduce a supplement if you do have a horse prone to weak hooves.

Hoof Complex from the Sumo Supplements range provides all the necessary nutrients required for sound healthy hoof growth. Horses need more than biotin alone to promote the re-growth of strong healthy hooves, certain amino acids, trace elements and vitamins are required such as, Methionine an essential amino acid aiding in the production of a healthy horn growth. Adding up to 100g of the Hoof Complex a day to your horses diet will support the continual growth of a healthy hoof wall, ensuring the maximum strength and quality needed for a sound horse.