



## Settling The Stabled Horse

Many people reduce turnout during the winter months meaning that horses are confined to their stable for longer periods of time and while some horses can cope quite well with this it may lead to irritable or excitable behaviour in some which can result in weight loss.

By feeding a high fibre diet, this will help to mimic the horses natural grazing style and is healthier than feeding large amounts of feed in one or two big meals a day. Feeding little and often will also help reduce boredom in stabled horses, helping to reduce behaviour problems.

Forage 'n' Fibre from Rowen Barbary is a palatable blend of natural forages and fibres that will help ensure slow rates of digestion throughout the hind gut and help to maintain gut health. Containing no cereals and being very low in starch and sugars it is a low energy diet, suitable for horses that are stabled for long periods of time. Being well balanced for oil that will help to maintain skin and coat condition as well as being fully supplemented with vitamins and minerals to help meet your horses full nutritional requirements.

By providing your horse with a high fibre diet this will also help maintain body temperature in cold weather, as heat is produced through the digestion of feed and fibres, which is a slow process, often taking up to 40 hours. During the digestion process, slow release thermal energy is created, which will help keep your horse warm.

If your horse does tend to lose weight during the winter months adding a high oil supplement into the diet is the safest way to provide extra calories, to help improve condition whilst keeping energy levels low so helping keep the stabled horse settled.

By adding a handful of Sumo Original from Rowen Barbary into your horses daily feed you will ensure excellent overall condition, helping encourage weight gain and improve topline. Containing super high levels of oils and fatty acids, alongside the necessary nutrients, whilst being very low in starch and sugars and with no cereals this is an excellent way to provide a high calorie diet.